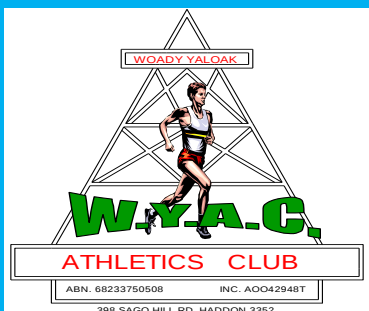




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Newsletter

SUMMARY OF CROSS COUNTRY SEASON

Cross Country has seen a mixture of face to face meets and virtual experiences. The season has been very successful with many new members taking part. Various running tracks and conditions have added to the excitement of the season. Our most grueling challenge, hands down, was King and Queen of the Mountain with a rigorous climb back to the top. We have been blessed with many volunteers who have helped with time keeping, marshalling and record keeping each week.

Our committed athletes have shown great determination and dedication. They have turned up in Woody singlets and Munro hats in a bid to win the chocolates!



Winner, winner! Chocolate dinner!

CROSS COUNTRY GALLERY



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IMPORTANT DATES

8th Oct.—Athletics Registration
3rd Dec.—Athletics Final Night



LIVERSAGE PINK RUN

The Pink Run is sponsored by the Liversage family and is in its second year. This run has proven to be popular with many athletes and their families wearing a splash of pink to raise awareness for cancer. The run is held annually at the Ross Creek State Forrest.

"One run can change your day, many runs can change your life."
-unknown

A SPECIAL THANKS
TO OUR SPONSORS...



AGGREGATE WINNERS

Our aggregate winners for the 2021 Cross Country season are competitors who have consistent participation and fared well in races. They have scored points each run that have culminated in a final result that is worthy of recognition.

Please join us in congratulating our cross country age group aggregate winners...

JNR AGGREGATE WINNER – Leroy Burns
SNR AGGREGATE WINNER – Benita Martin
U/6 Leroy Burns; Isla Mathews
U/8 Huon Anderson; Nellie White
U/10 Sullivan Martin; Ruby Ashmore
U/12 Lachlan Anderson; Ava Ashmore
U/14 Oliver Walsh; Summer Devine, Cleopatra Lazarou (equal)
U/16 Kody Emmerson
U/18 Zac Emmerson
Open Brian Morris; Benita Martin
Most consistent - Nellie White



WINNERS ARE GRINNERS!





Woody Yaloak Athletics Club is based at the Haddon Recreation Reserve and provides opportunities for athletes under 5 to open age in Track and Field.

Event skills development and coaching provided; with further opportunities to compete in Regional, State and National competitions.

Registration Night

Friday 8th October, 2021

Haddon Recreation Centre

***\$30 registration fee + \$15 singlet (new members only)**

Season Commences

Friday 15th October, 2021

Haddon Recreation Centre

~4.30 prompt start and usually finished by 6.00pm

Enquiries to: Peter Luke 0410 524995

woadyaths@outlook.com

Facebook: Woody Yaloak Athletics Club

COMMUNICATION

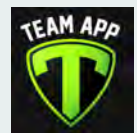
Website

www.woadyaths.org.au

We are very fortunate to be updating our website with the help of Lucy Finch. Please keep an eye out for results information, minutes and policies.

Team App

Woody Yaloak Athletics Club.



Facebook

Search for @WoodyYaloakAthleticsClub on Facebook or Messenger to find this page easily.

LITTLE ATHLETICS PROGRAM

The program will contain a variety of activities with a race-walking clinic, club championship /ribbon nights, a runathon, handicap night and the Haddon Gift.

A sheet of technique-tips/event rules will be placed with each age-group board. Please read and conform.

To assist parents, teenage athletes will be periodically assisting at each field event. Please accept their help as it will be beneficial to both parents and children.



COVID EXPECTATIONS

Woody Yaloak Athletic Club will have protocols for the conducting of sanctioned competition and developmental activities. These protocols have been shaped by the Sport & Recreation Victoria, VicSport, the Department of Health & Human Services and Athletics Victoria.

Central to the safe implementation and ongoing compliance is the requirement for an appointment of multiple 'COVID Safe Official(s)' (CSOs). An enormous level of responsibility is invested in these tasks, which are designed to minimise the risk of COVID-19 transmission and infection, and maximise the protection of the health of athletes, supervising parents/carers, coaches, officials, volunteers and Committee members.

Please visit our website for more information on our COVID safe protocols.

www.woodyaths.org.au/pdf_files/covidprotocols.pdf



GENERAL SAFETY CONCERNS

For the safety of all children, parents are discouraged in dropping off their children at the oval and collecting them at the end of the nights activities. All parents must assist with supervision and running of events—no spectators in cars please.

Attendance will be recorded prior to competition each week in a designated open-air area, where 1.5 distancing will be adhered to. Records will be maintained for a period of at least 28 days and will include details such as name, phone contact and email address. These details will only be used for COVID-19 follow up if required.

QR codes will be available for sign in and a record form for those without the Victorian App or phone. Please record all family members in attendance.

We do have an inclement weather program for inside the hall when wet or with extreme heat, but **WE MUST ADHERE** to the protocols in place for the hall usage.

Notices will be placed on TEAM App when we do venture inside. A change into runners on the carpet area is a must before entering the stadium as our floors are new.

If outside, please bring hats drink bottles and sunscreen.



Caption showing the Check In App for Victoria

FUNDRASING/SPONSORSHIP

The club will run a number of fundraising activities during the season to assist with trophies, equipment maintenance etc. Please assist as we are a non-profit club. These include weekly BBQs, raffles, runathon and the Cadbury chocolate drive... and hopefully a Bunnings BBQ.

Regular BBQs are planned once restrictions approve (Costs; \$1 sausage \$1 drinks and other items). The costs are minimal, to encourage families to congregate after competition (where COVID permits). We will need cooks for the BBQ. A roster will be created. Please help out where you can!

The costs of the singlets are subsidised to encourage all children/athletes to wear each week during activities. Please support our major sponsor and wear their hats. Club Polo's will also be available for purchase at a discounted cost.

COMMITTEE MEMBERS

Benita Martin President	Kellie Anderson Vice President	Melissa McIntosh Secretary	Chris Emmerson Treasurer
Rheannon Mann	Peter Luke	Amanda Anderson	Steve Sheehan
Jason Turkenburg	Cath Mathews	Sarah Luke	Chloe Chattenton
Lindsay Mulholland	Lucy Finch		



“All kids need is a little help, a little hope, and someone who believes in them”

-Magic Johnson

MESSAGE FROM OUR PRESIDENT

I want to start with a big thank you to Pete for the tireless work he puts into both the track and field season and the current cross country season. Setting the course, finalising results and communicating with everyone via text and email takes time each week and I extend my appreciation to Pete for his commitment, organisation and dedication.

We are having a successful cross country season, with an average of over 30 runners each week. It's great to see some new families attending cross country, as well as returning families. Cross country has a fun, friendly atmosphere and it's always great to not only see the kids run each week, but also see them play amongst themselves in the bush afterwards and greet the puddles at each course like old friends, year after year.

Covid protocols remain in place and it has been pleasing to see people signing in using the QR scanner, wearing face masks and practicing social distancing. Our ability to pivot quickly to virtual runs has also been really pleasing to see.

I'm excited for the challenge ahead for the committee to continue to discuss and finalise roles and responsibilities for committee members and others who wish to take an active role within the club.

The new website and results systems are exciting developments to be discussed also. Many thanks must go to Lucy for spearheading the investigations into appropriate new website/results recording. Her hard work and knowledge has been invaluable.

A big thank you to everyone for being very welcoming to me as I step into the role of President of the club.

Finally, thank you to all members of the committee for volunteering your time for the committee, our wonderful little club couldn't run without US!

Benita Martin
Club President.

